





Product Specifications

Resuscitation of Adults Poster

- Durable laminated poster with full colour illustrations
- User friendly text and clear step-by-step instructions for workplace first aid
- Ensure your employees are ready in an emergency
- Compiled by qualified health and safety practitioners
- Updated with the latest guidance

The Resuscitation of Adults Poster contains clear step-by-step instructions for the delivery of effective resuscitation. The poster is designed both first aiders and non-first aiders with the essential first aid and safety information. Full colour illustrations, user-friendly text and clear, concise instructions provide guidance to employees on the following topics: - Danger - assessing the situation and taking the correct action based on the situation that one may face - Response - checking to see if the casualty is responsive - Airway - for an unresponsive casualty - Breathing checking to see if the casualty is breathing - Getting help knowing when to call for help - Unresponsive (Not Breathing) - If the casualty is unresponsive and if they are still breathing. Commencing CPR on the casualty and for how long -Defibrillation - using an AED (automated external defibrillator) -Unresponsive (Breathing) - how to position the casualty in the recovery position until further help arrives The poster is fully updated with the latest guidance and best practice.

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