



Brand Crawford's

Suitable For Vegetarian

Does Not Contain Celery, Crustacea, Eggs, Fish, Molluscs, Mustard, Nuts,
Peanuts, Sulphites, Lupin

Storage

Temperature Ambient

Ingredients

Flour (Wheat Flour, Calcium, Iron, Niacin, Thiamin)

Vegetable Oil (Palm)

Sugar

Wholemeal Wheat Flour

Dried Whey (Milk)

Currants

Salt

Raising Agents (Sodium Bicarbonate, Ammonium
Bicarbonate)

Barley Malt Extract

Oatmeal

Natural Flavourings

Colour (Mixed Carotenes)

Allergens

Celery No

Gluten Yes

Crustacea No

Eggs No

Fish No

Lupin No

Milk Yes

Molluscs No

Mustard No

Nuts No

Peanuts No

Sesame May Contain

Soya May Contain

Sulphites No

Dietary Information

Approved for a Halal No

Approved for a Kosher Diet No

Suitable for Coeliacs No

Suitable for Lactose-Free Diet No

Suitable for a Vegan No

Suitable for a Vegetarian Yes

Carbs per 100g (g) 65.6 g

Carbs of which Sugars per 100g (g) 20.9 g

Fat per 100g (g) 21.4 g

Fat of which Saturates per 100g (g) 10.6 g

Fibre per 100g 2.8 g

Energy per 100g (kcal) 486 kcal

Energy per 100g (kJ) 2038 kJ

Protein per 100g (g) 6.5 g

Salt per 100g (g) 0.93 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.